

# 10 Step Prevention Measures

## COVID-19 Community Response



Scoil Dara

### 10 Steps



Know the symptoms and take appropriate action



Correctly wear a clean face mask



Sanitise and wash hands regularly and carefully



Observe recommended Social distance at all times



Continue protective measures during break and lunch times



Follow school protocols regarding entry/exit points movement systems



Follow respiratory hygiene guidelines (coughing/sneezing)



Bring fresh face mask, small bottle of hand sanitiser and clean hand-towel daily



Take care when sanitising your designated desk and chair – when moving classes



Avoid touching your eyes, nose, mouth and mask. Do not share objects.

Students are advised to self-isolate or restrict their movements at home if they display any signs or symptoms of COVID-19 and contact their family doctor to arrange a test.

Students should not return to nor attend school in the event of the following:

- If you are displaying any Covid-19 symptoms, contact your GP and seek advice
- If you are awaiting a Covid-19 test or the results of a test, do not attend school
- If you have been abroad in the two weeks prior to the return to school do not return to school. It is compulsory that they self-isolate on return from abroad. Follow government guidelines on length of self isolation
- If you are a close contact of a confirmed case do not attend school until they have been cleared to return to school after self-isolation for 14 days



### WHAT IS IT?

The Coronavirus (COVID-19) is a new respiratory illness that has not previously been seen in humans.

### KEY SYMPTOMS



**FEVER**  
A high temperature (38 degrees Celsius or higher)



**COUGHING**



**SHORTNESS OF BREATH**



**NEW LOSS OF TASTE OR SMELL**