



## SCOIL DARA 5<sup>th</sup> Year 2023 SCHOOL RETREATS – AN TOBAR NUA

Dear Parent / Guardian

Our School Retreat is upon us again. This is a lovely day for our 5<sup>th</sup> year community to spend with each other, a day of reflection, in a fun filled environment.

*“The day is filled with team-building games, music, personal stories, presentations, a prayer experience, opportunities for students to express their worldviews, and Q&A. Our presentations include a well-being talk on topics such as "Steps into Happiness", "How to Build Resilience in Your Life", and "The Importance of Friendship", along with a modern version of the Gospel story, so that today's teens may relate to the message of God's love.”*

<https://antobarnuaretreats.ie/>

The Retreats will be held in the Scout Hall during school hours and recorded in line with our normal school day. Students should attend tutor class at 9am and come to the front of the school afterwards. We would encourage full attendance, this is a wonderful, fun-filled day. Please advise your son/daughter to bring their lunch with them.

As we are representing our school Full School Uniform should be worn.

The retreats will take place over 2 days as follows:

Monday December 18<sup>th</sup> 5D & 5E & Leaving Certificate Applied Year 1

Tuesday December 19<sup>th</sup> 5A, 5B, 5C,

As An Tobar Nua is a charity, there is no fee for the retreat, but to support their work we always give them a donation from our school. We will also incur a cost for the rent of the Scouts Hall. We are asking that each student donate €5 towards the cost of the hall. Your son/daughter can drop the money into my office

With kind regards

Theresa Payne

Guidance Counsellor & Faith Development Officer

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