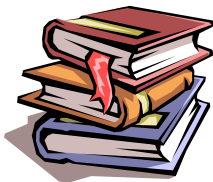




**ADULT EDUCATION
CLASSES
SPRING TERM 2014**



Scoil Dara, Kilcock

**Adult Education Line: 01-6287258
(Your calls to this number will be recorded for prompt
response)
School Fax: 01-6284075**

**CLASSES COMMENCE ON
the week beginning Monday February 3rd 2014 unless otherwise stated**

All classes are 8 weeks long unless otherwise stated.

**ENROLMENT BY POST OR IN SCOIL DARA ON
Monday January 20th from 6.30pm to 8.30pm and
Wednesday January 22nd from 6.30pm to 8.30pm
All classes for Senior Citizens are €60**

Spring 2014 Programme

.....**BIGGER**

.....**Better**

NEW Courses

OLD Favourites

4. ENGLISH AS A SECOND LANGUAGE (BEGINNERS)

Tutor: Kieran McGuire

This general English course is for people who are learning English as a second language. It will cover grammatical form and function, vocabulary and language use in daily living and language for work and business.

Fee: €90 Time: 6.00pm – 7.45pm Max No: 15

5. ENGLISH AS A SECOND LANGUAGE (IMPROVERS)

Tutor: Kieran McGuire

This class allows participants to be awarded an T.I. E. (Test of Interactive English) certificate after completion of the course. The classes will cover the following skills reading, writing, communicating and listening.

Fee: €90 Time: 8.00pm – 9.45pm Max No: 15

MONDAY CLASSES

I. DANCING FOR FUN & FITNESS 10 Weeks

Tutor: Jim Monaghan

Would you like to be part of a new social scene that guarantees “craic agus ceoil”. Why not join our experienced tutor, Jim, who has taught dancing worldwide. In a relaxed and friendly environment, you will learn such Irish sets as the Plain set, the Connemara and the Clare Lancers Ceili Dancing, Sean Nos Dancing, Brush Dance, Easy Folk Dances from other countries i.e. Shoemakers Dance (Poland) and Hornpipe Steps . Also covered are a series of folk dances like the Mexican Hat, German Clap Dance, Jedward Dance routines like Lipstick, YMCA, Hokey Cokey and many more!

Fee: €120

Time: 7.30pm—9.30pm

Max No: 50

2. INTRODUCTION TO POTTERY

Tutor: Susan Carr

Learn to use clay and create hand built pieces using a variety of techniques. (Fee for pottery materials are not included in the course fee)

Fee: €90

Time: 7.30pm – 9.30pm

Max No: 14

3. ANGEL HEALING & THERAPY Tutor: Kay Kelly

In this class, participants learn how they can connect with their Guardian Angel and Archangel. Following on from this is the exploration of how to heal through your angel and how they can be a life changing force. Participants will also receive a certificate after the completion of this course.

Fee: €90

Time: 8.00pm - 10.00pm

Max No: 20

TUESDAY CLASSES

6. INTRODUCTION TO WEB DESIGN WITH DIGITAL MARKETING

Tutor: Naomi Byrne

******Each student will need a computer and internet access at home.**

Learn to design, publish and manage a unique professional website for online business, portfolio or personal use.

Aimed at beginners to Web Design, this course covers Domain names and Hosting, Web design, eBusiness, Search Engine Optimisation, Social Media, WordPress, Digital Marketing, Create an Online Shop, making money from your website. Design, develop and publish a live professional website, with the ability to update, refine and expand it indefinitely after the course.

Students will learn the skills to design the site and be in control of the online aspect of their business including eCommerce, online marketing, social networking and search engine optimization. The course also covers social media engagement and performance measurement and analytics.

****Additional fee of €40 will be required for the Web Hosting Company, for Domain Name and Hosting**

Fee: €90

Time 7.30pm –9.30pm

Max No: 12

7. COMPUTERS (BEGINNERS) Tutor: Paul Mc Evoy

This course starts at the very beginning turning on the computer. It will introduce the keyboard and progress to deal with some features of word processing. On finishing the course, participants will be able to send a typed letter from their computer to their friends and e-mail if the news is too urgent for normal postal service!!

Fee: €90

Time: 7.30pm – 9.30pm

Max No: 15

8. YOGALATES

Tutor: Emma Guinan

Yoga and Pilates together is a high energy partnership of physical and spiritual exercise techniques. Using strength training and flexibility combined, it is designed to benefit many aspects of life, from our posture to our moods. Exercise mats are required.

Fee: €60

Time: 7.30pm-8.15pm

Max No: 15

9. COOKING TO ENTERTAIN

Tutor: William Crowley

10 Weeks

This course will give the skills to enjoy casual cooking in the home. Would you like to be able to rustle up a delicious dish for home entertaining or simply to prepare stress free meals for the family. These classes will also show you how to cook economically with minimum fuss by utilising simple, and easy to source ingredients.

Fee: €110

Time: 7.15pm—9.15pm

Max No: 12

THURSDAY CLASSES

17. CURTAIN & ROMAN BLIND MAKING

Tutor: Yanina Chugai

This sewing course is designed for students, who would like to learn how to make curtains and roman blinds. Students will learn how to take window measurements, calculate how much fabric is needed, choose fabric appropriate for different windows, cut out sample roman blind or curtain, sew fabric, be able to line and interline curtains and blinds. Other areas covered would included folding corners and hand stitch hems.

Fee: €70 Time 7.30pm –9.00pm Max No: 12

18. COOKING TO ENTERTAIN

Tutor: William Crowley

10 Weeks

This course will give the skills to enjoy casual cooking in the home. Would you like to be able to rustle up a delicious dish for home entertaining or simply to prepare stress free meals for the family. These classes will also show you how to cook economically with minimum fuss by utilising simple, and easy to source ingredients.

Fee: €110 Time: 7.15pm—9.15pm Max No: 12

19. COMPUTERS (IMPROVERS) Tutor: Paul Mc Evoy

This class will provide instruction in a variety of areas. Among the topics covered are word-processing, Excel (Spreadsheets) Powerpoint, Internet and e-mail. It is essential that all participants have basic computer knowledge and are relatively confident in word – processing.

Fee: €90 Time: 7.30pm – 9.30pm Max No: 15

WEDNESDAY CLASSES

10. HILLWALKING

Tutor: Pauline D'arcy

Do you like the great outdoors and beautiful scenery? Well if so, this is the course for you. This course is divided into two parts, firstly you will have 4 classes of compass and navigation skills with theory and safety guidelines for hill walking on Wednesday evenings. Secondly participants of this course will then put theory into practice which involves walks in the beautiful Wicklow mountains on Saturday mornings

Fee: €90 Time: 7.30pm—9.30pm Max No: 12

11. SENIOR CITIZENS COMPUTER CLASS

Tutor: Paul Mc Evoy

This course starts at the very beginning turning on the computer. It will introduce the keyboard and progress to deal with some features of word processing. On finishing the course, participants will be able to send a typed letter from their computer to their friends and e-mail if the news is too urgent for normal postal service!!

Fee: €60 Time: 7.30pm—9.30pm Max No: 12

12. CROCHET

Tutor: Helen Hanafin

Crochet has become high fashion in recent years, so why not make your own! This class will teach how to make baby wear, general household items and items of clothing for yourself. Tutor supplies all patterns.

Fee: €90 Time: 7.30pm –9.30pm Max No: 12

13. REIKI (Level 1)**Tutor: Rosemary Smith**

Reiki is a simple yet profound system of ancient, non intrusive, hands on healing techniques. It is also a gentle, yet powerful path to personal and spiritual growth. Reiki can have a profound effect on health and well being, enabling healing of oneself and others, physically and mentally.

Fee: €90**Time: 7.00pm –9.00pm****Max No: 12****14. LEARN TO DANCE****Tutor: Tony Walker**

Participants of this class will learn to Waltz, Tango, Jive and other popular dance forms. The students will also learn to dance confidently for Weddings and all Social Occasions. No Partner required. In this class, tutor will display that dancing is fun a way to get fit, help with weight loss, reduces stress and best of all enables one to make new friends.

Fee: €70**Time: 8.00pm—9.30pm****Max No: 12****15. GUITAR (BEGINNERS)****Tutor: Liam Moore**

Learn chords, finger picking and strumming techniques. Learn to accompany yourself on a variety of songs. This class is for people with no previous experience with the guitar.

Fee: €90**Time: 6.30pm – 8.30pm****Max No: 8****16. GUITAR (IMPROVERS)****Tutor: Liam Moore**

Learn chords, finger picking and strumming techniques. Learn to accompany yourself in a variety of songs. This class is suitable for those who have completed the beginner's course and wish to improve.

Fee €90**Time: 8.30pm – 10.30pm****Max No: 10**

20. MUGENDO KICKBOXING COURSE

Tutor: Maurice Gibney

Students enrolling for this particular course will learn the basics of this modern Martial Arts system. Mugendo, which means “unlimited way”, will help you to build confidence, self control, physical fitness and flexibility resulting in power, strength, speed and endurance. Students will learn the basics of this full contact Martial Arts system such as; defensive guard and proper stance, punching techniques, kicking techniques, circuit training, stretching and how to Spar safely without injury. Students will have the opportunity to continue their training with the instructor after the course finishes should they choose to do so.

Fee: €70

Time 7.30pm –9.00pm

Max No: 12

21. DRAWING

Tutor: Susan Carr

Learn to draw using different media (pencil, charcoal, etc.). Areas such as still-life, landscape, seascape, portraits and animals will all be explored. Participants should bring a pencil and a drawing pad to the first class.

Fee: €90

Time: 7.30pm—9.30pm

Max No: 12

SATURDAY CLASSES

22. SENIOR CITIZENS ART CLASS Tutor: Susan Carr

Learn to paint for pleasure. This class includes an introduction to acrylic and oil painting. Enjoy painting at your own pace in a friendly environment. Areas covered will include still-life, landscape, seascape, portraits, animals and presentation of your masterpieces!!

Students should bring a pencil and a sketch pad to the first class.

Fee: €60

Time: 10.30am – 12.30pm

Max No: 12

ENROL BY POST

Name: _____

Address: _____

Tel No: _____

Course Name: _____

Course No: _____

Fee Enclosed: € _____

Cheque () Postal Order () Bank Draft () (please tick)

PLEASE NOTE:

******Cheques / Postal Orders: Pay: Scoil Dara**

BOOKING ACCEPTED WITH PAYMENT ONLY. ENROLMENT BY PHONE NOT ACCEPTED.

POST COMPLETED FORMS TO

Director of Adult Education, Scoil Dara, Kilcock.

ENROLMENT

It is important to enroll for classes on the enrolment dates to ensure that the classes will go ahead.

Smoking is strictly prohibited in the classrooms, toilets and school corridors and school grounds

Fees are payable on enrolment, are non transferable and are refunded only when classes do not form.

If, due to bad weather, a class has to be cancelled on any particular night, the class will be held on another night suitable to the tutor and to the majority of class participants.

ENROL BY POST

Name: _____

Address: _____

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Course Name: _____

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Fee Enclosed: € _____

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